

**INDIAN RIVER COUNTY  
CHILDREN'S SERVICES ADVISORY COMMITTEE**



**ANNUAL REPORT**

**October 1, 2010-September 30, 2011**

**"Healthy Children in a Healthy Community"**

Children's Services Advisory Committee of Indian River County  
Department of Human Services  
1801 27th Street  
Vero Beach, Florida 32960

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**CHILDREN'S SERVICES ADVISORY COMMITTEE**

**MEMBERS**

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Bob Pegg, Judge, 19<sup>th</sup> Circuit  
Miranda Swanson, Chairperson  
Harry La Cava Ed. D.  
Vern Melvin  
Daryl Loar  
Louis Aprile  
Kip Jacoby  
Karen Deigl  
Erin Grall  
Judy Jones  
Michelle Falls

**STAFF**

Brad Bernauer, Director Human Services

**NEEDS ASSESSMENT SUB-COMMITTEE**

Karen Deigl, Chairperson  
Michael Kint  
Sue Rux  
Julian Keenan  
Julie Risedorf  
Bob Wilson

**GRANT REVIEW & PROGRAM SUB-COMMITTEE**

Kip Jacoby, Chairperson  
Richard Lane  
Eugene Caldarone  
Lou April  
Robert Johnson  
Beverly O'Neill  
Julie T Risedorf  
Erin Grall  
Michelle Falls  
Carol Mahony

## **CHILDREN'S SERVICES ADVISORY COMMITTEE**

The objective of the Children's Services Advisory Committee, working as an advisory committee to the Indian River County Commissioners, is to give Indian River County children, age 0-17, the opportunity to grow up as "Healthy Children in a Healthy Community". The term "healthy" encompasses the socioeconomic, physical, environmental, educational and behavioral aspects of a child's life.

It is also the objective to recommend a unified system of planning and delivery, within which children's needs can be identified, targeted, evaluated and addressed by Children's Services Advisory Committee, through the Board of County Commissioners.

### **MISSION**

The mission of Children's Services Advisory Committee is to facilitate and coordinate the planning and development of an effective and collaborative health and human services delivery system to meet the needs of children of Indian River County. The Children's Services Advisory Committee strongly supports cultural diversity and encourages its funded programs to demonstrate the inclusion of all children and families in program development and implementation.

### **VISION**

The efforts of the Children's Services Advisory Committee will ensure the development of a shared vision for the health and human services delivery system in Indian River County, enabling funding sources and providers to define the performance of their roles in a dynamically changing environment.

### **HISTORY**

County Ordinance #99-01 updated the Children's Services Advisory Committee on January 19, 1999. The ordinance was patterned after FL125.901, which seeks to provide an organized framework for developmental, treatment and rehabilitative services for children.

### **FUNDING**

October 1, 2010 -September 30, 2011 was the eleventh year the Board of County Commissioners has authorized funding. The amount of funding for 2010-11 was \$691,290. The program is funded through a payment of (up to) 0.125 mil of Ad Valorem Property Taxes.

### **ACCOUNTABILITY**

The Children's Services Advisory Committee is an advisory committee that is accountable to, and functions under, the direction of, Indian River County Commissioners through the Department of Human Services. The Committee is comprised of a voluntary body, appointed by the Board of County Commissioners, which carefully monitors program costs, to provide maximum benefit from the taxpayer's dollars with minimal overhead costs. Also, the committee is authorized to seek grants from State and Federal agencies, and accept donations from public and private sources.

## **COLLABORATION**

Children's Services Advisory Committee was established as a collaborative entity with linkage to agencies and providers of children's services. It seeks to provide a unified system, without duplication of existing services. It is the policy of the Indian River County Board of Commissioners to work in a cooperative venture with (but not limited to) such entities as the United Way, for profit and not-for profit organizations, municipalities within Indian River County, the Indian River County School District and all public agencies.

## **PURPOSE**

The Children's Services Advisory Committee determined that there are children in Indian River County who have very few, or no, resources to succeed to adulthood in a safe, healthy, and productive manner. Also, family involvement must be an integral part of the program requirements, because a family in crisis produces a child in crisis.

The purpose of this project is to increase the quality of resources that are important to the community. This is accomplished by a variety of strategies. "Gaps" in services provided are pinpointed and eliminated by establishing and funding new programs. Overcrowded programs are expanded and services supplemented. Effort is taken to locate children and families who may be "slipping through the cracks" of those assistance programs already being provided. In this way the Children's Services Advisory Committee serves Indian River County by providing, or continuing to provide, improved services.

## **NEEDS ASSESSMENT**

During this reporting period, the Children's Services Needs Assessment Sub-Committee used the countywide needs assessment of the current social, health and public safety services in Indian River County to establish the Focus of Needs for 2010-11.

These are as follows:

### **SPECIAL NEEDS**

- Programs that address the basic needs for children i.e.; food, clothing and special hardship needs.

### **CHILDCARE/CHILD HEALTH & EDUCATION**

- Increase childcare capacities and subsidies for underserved populations, the infant and toddler population; improve the quality of childcare programs, and increase accessibility for children from lower income families.
- Support the creation of after-school programs that enrich a child's learning environment, by offering a curriculum that includes: homework assistance, tutoring, life skills training, and other positive youth development programs.

### **PARENTAL SUPPORT AND EDUCATION**

- Target high-risk expectant and new mothers, especially older teens, to increase the likelihood of positive health outcomes; and literacy efforts that reach pregnant women

and mothers of young children who have less than a high school education, for the purpose of increasing their employability.

- Parenting education classes addressing how to raise a child in today's times.

#### **MENTAL HEALTH**

- Expand preventative, remedial, and support programs for students with emotional, behavioral, and performance problems; improve and enhance community-based programs that address the unique challenges of adolescents' healthy social behaviors, positive self-esteem, developing healthy relationships, and making higher education and career decisions and or other mental health issues.

#### **DRUG ABUSE PREVENTION**

- Increase drug and alcohol abuse prevention program aimed at the elementary and secondary populations.

#### **ADVISORY COMMITTEE AND SUB-COMMITTEES**

All committee members and sub-committee members serve in a voluntary capacity. These members include, but are not limited to, member(s) of a Indian River County Commissioner, the Superintendent of Schools, a representative of law enforcement, a County Judge, the Administrator of the Department of Health, and a representative of the Department of Children & Families. There are also members who serve as representatives from the community.

#### **PROCESS**

The Needs Assessment and Planning Sub-Committee begin the process assessing areas of Indian River County that demonstrate a need and warrant further study. The Children's Services Advisory Committee reviews the reports of both sub-committees. This report has been titled "The Children's Services Plan".

The Grant Review Sub-Committee advertises an application, titled "Request for Proposal" through the Indian River County Purchasing Department. The request for proposal is advertised in the Indian River County newspapers for all qualified organizations to respond; and agencies known to provide services to Indian River County children are also mailed the Request For Proposal. In the course of the year, staff encourages all area agencies to respond to the Request for Proposal.

Upon receipt of the applications, the Grant Review Sub-Committee screens these applications, interviews the applicants, and recommends funding to the Children's Services Advisory Committee. The Children's Services Advisory Committee then makes a recommendation to the Indian River County Board of Commissioners regarding the next fiscal year's funding. The program applications are considered one time a year only. The Board of County Commissioners has final approval of tax dollars spent for Children's Services.

## **OVERARCHING GOALS**

The committee recognizes the need to emphasize improving existing systems, encouraging collaboration among service providers, promoting research based assessment, encouraging innovation, and facilitating greater feedback from stakeholders, professionals, and the community. Primary prevention and early intervention efforts will be prioritized as a continuum of care. Requests for proposals (RFP) must be targeted to meet the needs identified.

The overarching goals are as follows:

- Provide the children of Indian River County the skills and experiences necessary to succeed to adulthood in a safe, healthy, and productive manner.
- Support caregivers (parents) – a child's most important resource – to be and do what is needed to prepare and guide children to adulthood in a safe, healthy, and productive manner.

The Board of County Commissioners funded 15 agencies and 20 programs during the 2008-2009 fiscal year.

<b>Agency Name</b>	<b>Program Name</b>	<b>Funded</b>
Big Brothers & Big Sisters of IRC	Children of Promise	\$12,344
Boys & Girls Club of IRC	South County Club	\$12,344
	Sebastian Club	\$12,344
	Fellsmere Club	\$19,751
Catholic Charities -Samaritan Ctr	Samaritan Center	\$26,664
Child Care Resources of IRC	Children in Centers	\$182,699
	Psychological Services	\$5,925
	Daisy Hope Center	\$55,303
Dasie Bridgewater Hope Ctr, Inc	Childcare Local Match	\$8,888
Early Learning Coalition	Safe Families	\$36,540
Exchange Club Castle	Youth & Family Guidance	\$27,158
GYAC		
Healthy Start of IRC	Healthy Families	\$35,552
	TLC	\$13,332
Mental Health Association	Child & youth mental health	\$14,813
Redland Christian Migrant Assoc.	Childcare Infant/Toddler	\$24,869
Substance Abuse Council	Re Direct	\$107,645
	Life Skills	\$62,216
United for Families	Foster Parent Mentoring	\$10,863
Homeless Family Center	Childcare	\$9,876
Junior League	Whole child Connection	\$12,344
<b>TOTAL</b>		<b>\$691,290</b>

During the fiscal year of 2010-11 there were 6,480 children served. The total actual dollars spent was \$685,357.21. The cost per child was only \$105.77.

## **CHILDREN'S SERVICES ADVISORY COMMITTEE PROGRAMS 2010-11**

### **Program Descriptions**

Each program funded in 2010-11 funding year has two descriptions, the Taxonomy Description and a general description. The Taxonomy description is from the Taxonomy of Human Services, a standardized national classification system that indexes community resources based on the services they provide and the target populations they serve. The Taxonomy Description eliminates duplication of services issues. For the purposes of brevity the secondary Taxonomy Description has been shortened. The general description adds information specific to each program.

### **Cost Per Child**

Children's Services Advisory Committee funds a wide variety of programs addressing a wider variety of needs in Indian River County.

Therefore, it should be understood that the following variables affect the average cost per child:

- Some programs are provided for individuals, others are for groups.
- Some programs require highly trained professionals, while other can utilize volunteers.
- Some programs are residential or home visit programs; while others are day programs.
- Some of the programs are single source funding and others are shared funding.
- Some programs are for one occurrence, while others serve a one child the entire school year.

**BIG BROTHERS & BIG SISTERS OF INDIAN RIVER COUNTY**  
**“Children of Prisoners to Children of Promise” (COP)**  
**(Statistics as of 9-30-2011)**

**Grant:** \$12,344

**Funds Used as of 9/30/11:** \$12,344

**Total Children Served as of 9/30/11:** 33

**Total Adults Served as of 9/30/11:** 46

**Cost per Child:**

Per the Annual Report for 2010-2011 funding year, the cost per child is \$500.00 per child. (This does not include parents served.)

**Focus Areas Addressed:** Child Care Access, Mental Wellness

**Taxonomy #:** PH150.500-10

**Program Description:**

This community-based program provides one-to-one mentoring for children whose family member(s) are incarcerated in state or federal prison.

**Collaboration:**

Indian River County School Board, RSVP, United Way of Indian River County, Indian River Sheriff's Dept., Our Savior Lutheran Church, Gifford Youth Activities Center, and Youth Guidance, Community Church of Vero Beach

**GOALS/OUTCOMES REPORT (10/1/2010 – 9/30/11)**

**Outcome #1:**

80% of youth who have participated in one-to-one “COP” Mentoring for five months or more will not become involved with the juvenile justice system as measured by reports obtained by DJJ every six months. Baseline: Status of youth upon entering the program.

**Goal Met.** Sixteen children have been mentored for five or more months. Sixteen out of the sixteen children have not become involved in the juvenile justice system. (100%)

**Outcome #2:**

70% of youth who have participated in one-to-one “COP” Mentoring for five months or more will demonstrate progress in academic performance as reported by the 2008-2009 IRC report cards. Baseline: Grades for enrolled boys and girls from the first grading period of the 2008-2009 school year.

**Goal Met.** Sixteen children have been mentored for five months or more. Fifteen out of Sixteen children have demonstrated progress in academic performance. (94%)

**Outcome #3:**

90% of youth who have participated in one-to-one “COP” Mentoring for five months or more will improve socialization skills as indicated on the Program Outcome Evaluation. Baseline: Program Outcome Evaluation (POE) Pre-test upon entering the program.

**Goal Met.** Out of the sixteen matches that have been matched for 5 months or more, twelve matches have completed the Program Outcome Evaluation. Eleven of the twelve children have improved socialization skills. (92%)

### **BOYS AND GIRLS CLUB OF INDIAN RIVER COUNTY, INC**

PS-980.1 - Boys/Girls Clubs. Programs that provide a wide range of supervised recreational activities and delinquency prevention services for children and youth of all ages and backgrounds, but particularly for disadvantaged youth, through membership in boys and/or girls clubs. Club members are entitled to use recreational facilities and may have access to counseling, tutorial services, employment assistance, gang programs, drug abuse and alcoholism prevention and other activities and services that direct their energies toward positive social goals and facilitate healthy personality development.

This program includes a daily after-school and summer programs for children ages 6-18. "Club" fee is \$35.00 for the school year and \$30.00 for summer camp. The "Five Core Program" addresses: education and career development, character and leadership development, health and life skills; the arts, and sports, fitness and recreation. During summer/winter/spring break, "all day activities" are offered 8 a.m. to 6 p.m. There is a club in South Indian River County, North (Sebastian) Indian River County, and the YVC Club in Vero Beach. Boys & Girls representatives are preparing to open a club in Fellsmere.

#### **Boys & Girls Clubs of Indian River County Vero Beach Branch (Statistics as of 9/30/11)**

**Grant:** \$12,344

**Funds Used as of 9/30/11:** \$12,344

**Total Children Served as of 9/30/11:** 459 Registered members

**Cost per child** \$26.89

**Priority Need Area Addressed:** 2 - Childcare/Child Health & Education: Support of after-school programs that enrich a child's learning environment, by offering a curriculum that includes: homework assistance, tutoring, life skills training, and other enrichment programs. 5 - Drug Abuse Prevention: Increase drug and alcohol abuse prevention program aimed at the elementary and secondary populations.

**Brief Description of the Program:** Taxonomy Definition PS-980.1000: Programs that provide a wide range of supervised recreational activities and delinquency prevention services for children and youth of all ages and backgrounds, but particularly for disadvantaged youth, through membership in boys and/or girls clubs. Club members are entitled to use recreational facilities and may have access to counseling, tutorial services, employment assistance, gang programs, drug abuse and alcoholism prevention and other activities and services that direct their energies toward positive social goals and facilitate healthy personality development.

**Collaboration:** AAU Basketball, Garden Club of IRC, March of Dimes, Mardy Fish/Jake Owen Foundation, Childcare Resources of IRC, Dogs for Life, Sebastian Clambake, Ashbury United Methodist Church, Vero Beach Postal Service, St. Francis Manor, Hibiscus Center, Habitat for Humanity, Keep Indian River Beautiful

Comment / 2011 Monitoring: All goals/outcomes have been met except for Objective 2.

## **GOALS / OUTCOMES REPORT (10/1/2010 – 9/30/11)**

### **Outcome #1:**

By 9/30/2011 a minimum of 75% of program participants will maintain or improve their grades and behavior and will maintain an acceptable attendance record. Baseline: 2nd quarter school grades compared to 4th quarter grades. Attendance baseline will be in accordance with the School District, which is excused or unexcused absences beyond nine (9) days per semester are considered excessive.

**Goal Met:** 80% of members maintained or improved their grades.

### **Outcome #2:**

By 6/30/2011 80% of Program Participants will show an increase in knowledge of the dangers of alcohol, tobacco and illicit drugs use. Baseline: Pre & Post surveys and feedback from parents, staff and peers.

**Goal Not Met:** 78% maintained or improved their knowledge of the dangers. Goal was 80%.

### **Outcome # 3:**

By 9/30/2011, 80% of program participants will show an increase in knowledge of physical fitness and how it is an essential part of life and an increased awareness for eating a variety of nutritious foods thereby increasing the likelihood of making healthy and smart food choices and reducing the likelihood of childhood/adult obesity and diabetes. Baseline: Pre & Post surveys and feedback from parents, staff and peers.

**Goal Met:** Goal was met with regards to high numbers of members participating in physical activity and verbalizing the importance of exercise.

### **Outcome #4:**

By 9/30/2011 80% of program participants will increase their self-awareness that they can have an impact on the community and will develop a strong sense of civic responsibility. Establish Baseline: Pre and post survey results, number of Club members participating and cumulative volunteer hours within the Club and to outside agencies as reported by the 2010-2011 year end totals.

**Goal Met:** Measured by increased participation at volunteer events and verbal satisfaction about giving back to community.

## **Boys & Girls Clubs of Indian River County Sebastian Branch (Statistics as of 9/30/11)**

**Grant:** \$12,344

**Funds Used as of 9/30/11:** \$12,344

**Total Children Served as of 9/30/11:** 516 Registered members

**Cost per child** \$23.92

**Priority Need Area Addressed:** 2 - Childcare/Child Health & Education: Support of after-school programs that enrich a child's learning environment, by offering a curriculum that includes: homework assistance, tutoring, life skills training, and other enrichment programs. 5 - Drug Abuse Prevention: Increase drug and alcohol abuse prevention program aimed at the elementary and secondary populations.

**Brief Description of the Program:** Taxonomy Definition PS-980.1000: Programs that provide a wide range of supervised recreational activities and delinquency prevention services for children and youth of all ages and backgrounds, but particularly for disadvantaged youth, through membership in boys and/or girls clubs. Club members are entitled to use recreational facilities and may have access to counseling, tutorial services, employment assistance, gang programs, drug abuse and alcoholism prevention and other activities and services that direct their energies toward positive social goals and facilitate healthy personality development.

**Collaboration:** HALO; St. Vincent de Paul Thrift Store; Special Olympics, Sebastian Clambake; Mobile Food Pantry/TC Food Bank

**Comment / 2011 Monitoring:** All goals/outcomes have been met.

#### **GOALS / OUTCOMES REPORT (10/1/2010 – 9/30/11)**

##### **Outcome #1:**

By 9/30/2011 a minimum of 75% of program participants will maintain or improve their grades and behavior and will maintain an acceptable attendance record. Baseline: 2nd quarter school grades compared to 4th quarter grades. Attendance baseline will be in accordance with the School District, which is excused or unexcused absences beyond nine (9) days per semester are considered excessive.

**Goal Met:** 92% of members maintained or improved their grades.

##### **Outcome #2:**

By 6/30/2011 80% of Program Participants will show an increase in knowledge of the dangers of alcohol, tobacco and illicit drugs use. Baseline: Pre & Post surveys and feedback from parents, staff and peers.

**Goal Met:** 96% maintained or improved their knowledge of the dangers.

##### **Outcome # 3:**

By 9/30/2011, 80% of program participants will show an increase in knowledge of physical fitness and how it is an essential part of life and an increased awareness for eating a variety of nutritious foods thereby increasing the likelihood of making healthy and smart food choices and reducing the likelihood of childhood/adult obesity and diabetes. Baseline: Pre & Post surveys and feedback from parents, staff and peers.

**Goal Met:** 82% maintained or improved their knowledge of healthy habits.

**Outcome #4:**

By 9/30/2011 80% of program participants will increase their self-awareness that they can have an impact on the community and will develop a strong sense of civic responsibility. Establish **Baseline:** Pre and post survey results, number of Club members participating and cumulative volunteer hours within the Club and to outside agencies as reported by the 2010-2011 year end totals.

**Goal Met:** Measured by increased participation at volunteer events and verbal satisfaction about giving back to community.

**Boys & Girls Clubs of Indian River County  
Fellsmere Club  
(Statistics as of 9/30/11)**

**Grant:** \$19,751

**Funds Used as of 9/30/11:** \$ 19,751

**Total Children Served as of 9/30/11:** 334 Registered members

**Cost per child:** \$59.14

**Priority Need Area Addressed:** 2 - Childcare/Child Health & Education: Support of after-school programs that enrich a child's learning environment, by offering a curriculum that includes: homework assistance, tutoring, life skills training, and other enrichment programs. 5 - Drug Abuse Prevention: Increase drug and alcohol abuse prevention program aimed at the elementary and secondary populations.

**Brief Description of the Program:** Taxonomy Definition PS-980.1000: Programs that provide a wide range of supervised recreational activities and delinquency prevention services for children and youth of all ages and backgrounds, but particularly for disadvantaged youth, through membership in boys and/or girls clubs. Club members are entitled to use recreational facilities and may have access to counseling, tutorial services, employment assistance, gang programs, drug abuse and alcoholism prevention and other activities and services that direct their energies toward positive social goals and facilitate healthy personality development.

**Collaboration:** City of Fellsmere; Habitat for Humanity, Mobile Food Pantry/Treasure Coast Food Bank; Fellsmere Police Department; Operation Hope.

**Comment / 2011 Monitoring:** All goals/outcomes have been met.

**GOALS / OUTCOMES REPORT (10/1/2010 – 9/30/11)**

**Outcome #1:**

By 9/30/2011 a minimum of 75% of program participants will maintain or improve their grades and behavior and will maintain an acceptable attendance record. Baseline: 2nd quarter school grades compared to 4th quarter grades. Attendance baseline will be in accordance with the School District, which is excused or unexcused absences beyond nine (9) days per semester are considered excessive.

**Goal Met:** 94% of members maintained or improved their grades.

**Outcome #2:**

By 6/30/2011 80% of Program Participants will show an increase in knowledge of the dangers of alcohol, tobacco and illicit drugs use. Baseline: Pre & Post surveys and feedback from parents, staff and peers.

**Goal Met:** 80% maintained or improved their knowledge of the dangers.

**Outcome # 3:**

By 9/30/2011, 80% of program participants will show an increase in knowledge of physical fitness and how it is an essential part of life and an increased awareness for eating a variety of nutritious foods thereby increasing the likelihood of making healthy and smart food choices and reducing the likelihood of childhood/adult obesity and diabetes. Baseline: Pre & Post surveys and feedback from parents, staff and peers.

**Goal Met:** Goal was met with regards to high numbers of members participating in physical activity and verbalizing the importance of exercise.

**Outcome #4:**

By 9/30/2011 80% of program participants will increase their self-awareness that they can have an impact on the community and will develop a strong sense of civic responsibility. Establish Baseline: Pre and post survey results, number of Club members participating and cumulative volunteer hours within the Club and to outside agencies as reported by the 2010-2011 year end totals.

**Goal Met:** Measured by increased participation at volunteer events and verbal satisfaction about giving back to community.

**Catholic Charities of the Diocese of Palm Beach Inc.  
Samaritan Center**

**Grant:** \$26,664.00

**Funds Used as of 6/30/11:** \$26,664.00

**Total Children Served as of 9/30/11:** 58

**Cost per child:** \$7,312.69

**Focus Area Addressed:**

Expand preventative, remedial and support programs for students with emotional, behavioral and performance problems. Improve and enhance community-based programs that address the unique challenges of adolescents' health social behaviors, positive self-esteem, develop healthy relationships and make positive higher education and career decisions.

**Taxonomy #:**

Homeless Shelter BH-180.850 – Program that provides a temporary place to stay for people who have no permanent housing. Child Abuse Prevention – FN – protect children from physical, sexual and /or emotional abuse or exploitation through a variety of educational interventions which may focus on children of various ages, parents, people who work with

children and/or parents regarding ways of avoiding or handling an abusive situation and/or information about the indicators and incidence of abuse, requirement for reporting abuse and community resources that are available to children who have been abused and to their families.

**Program Description:**

This program is designed to offer long-term transitional housing and guidance to the homeless families in Indian River County, and prepare them to live independently. Adult clients attend budget, parenting, job and life skill training as well as Mental Health Counseling sessions, they also obtain employment and follow a four tiered level program prior to graduating the program. Children receive academic tutorial support, sessions on: behavior, self-esteem, character values, drugs and alcohol, divorce, health and hygiene, as well as attend special outings within the community.

**Collaboration:**

The Mental Health Association and Exchange Club of I.R.C., Substance Awareness Council, Boys and Girls Club, Counseling and Recovery Center, New Horizons of the Treasure Coast, Early Learning Coalition, Habitat for Humanity, Care net Pregnancy Center, Gifford Youth Activities Center, Healthy Start Coalition / Healthy Families, Exchange Club Castle, Center for Emotional Behavioral Health, Suncoast Mental Health Association, Literary Services, and Treasure Coast Homeless Services Council.

**Comment / 2011 Monitoring:**

All goals/outcomes have been met.

**GOALS / OUTCOMES REPORT (10-1-10 – 9/30/11)**

**Outcome #1**

Resident children who are age 4 and over will increase their self-esteem by showing an average of 5-10% increase on the self-esteem pre & post tests given at the beginning and end of each 8 week session. These sessions are done quarterly.

**Goal Met:** 10.06% increase.

**Outcome #2**

Resident children who are age 4 and over will demonstrate a 5-10% increase on their social behaviors measurement form that will be given at the beginning and end of each 8 week session. These sessions are done quarterly.

**Goal Met:** 6.14% increase

**Outcome #3**

Adult residents will increase their knowledge and skills in the area of health and safety for children by a minimum of 5-10% as evidence through a health and safety pre & post test given at the beginning and end of the 8 week parenting classes. These classes are done quarterly.

**Goal Met:** 13.6% increase

**Outcome #4**

Seventy-five percent of resident children will increase their knowledge and skills in the area of academic performance as evidence through progress reports and report cards. Children will be evaluated during the academic year.

**Goal Met:** 85% of school age children have increased academic performance.

**CHILDCARE RESOURCES OF INDIAN RIVER  
Program: Children in Centers  
(Statistics as of 9/30/11)**

**Grant:** \$182,699

**Funds Used as of 09/30/11:** \$182,699

**Total Children served as of 09/30/11:** 152

**Cost per Child:** Per the Annual Report for 2009-2010 funding year, the cost per child is \$1,172.84 (This does not include parents served).

**Taxonomy numbers:** NL-300.150; PH-610.150; PH-610

**Focus Areas Addressed:** Children in Centers

**Program description:** This program is designed to provide access to quality childcare for an at-risk segment of the population that cannot afford to pay for quality childcare. The intent is to provide school readiness skills for the children. This organization contracts with local childcare centers that meet quality criteria for the purpose of delivering quality childcare programs for working families who meet income eligibility guidelines and live in Indian River County.

**Collaboration:** Indian River County School District, Early Learning Coalition of Indian River, Martin and Okeechobee Counties, United Way Success By Six Committee, Mental Health Association, Economic Opportunities Council

**GOALS/OUTCOMES REPORT (10/1/10 – 09/30/11)****Outcome #1**

75% of Childcare Resources “graduates” will leave for kindergarten with school readiness skills as determined by the United Way’s Goals for the Common Good (literacy, social/emotional and cognitive skills). This will include only those children who were in the Childcare Resources program a minimum of one year.

**Goal was not met.** 70% of the 2011 “graduates” were deemed ready for kindergarten with a combined score on literacy, cognitive and social/emotional assessment of 75% or higher. 5 of the 6 children who scored under 75% attended a center that became poorly managed under new ownership and has gone out of business. Without those children factored in, 89% of the 2011 “graduates” were ready for kindergarten.

Childcare Resources 2010 “graduates” scored very well on the assessments given by the school district at the start of the 2010/2011 school year. 97% of Childcare Resources “grads” were deemed ready. This was higher than both the school district average (92%) and state average (90%).

**Outcome #2**

85% of the children enrolled in the Childcare Resources program a minimum of one year will show progress in development in the course of the school year as measured by Speed Dial R, Katz Social/Emotional Checklist, Ages and Stages. Baseline: pre-tests administered in the fall of the 2010-2011 school year.

**Goal met.** 98% of the children showed appropriate developmental progress. Several children were referred to early intervention services and have been receiving speech and occupational therapy. One child was diagnosed with autism at age one and a half as a result of this referral and now receiving the appropriate treatment and support.

**Outcome #3**

Childcare Resources parents will maintain 100% compliance in all of areas of required parent participation during the 2010-2011 school year as measured by the parent participation log.

**Goal met.** 100% of the parents met or exceeded the parent participation requirements.

**CHILDCARE RESOURCES OF INDIAN RIVER  
Program: Psychological Services  
(Statistics as of 09/30/11)**

**Grant:** \$5,925

**Funds Used as of 09/30/11:** \$0 funding from United Way and Mental Health were utilized to provide these services.

**Total children served as of 09/30/11:** 7 children and 9 parents or other adults in the household

**Cost per child:** Per the Annual Report for 2009 - 2010 funding year, the cost per child is \$600.00 (this does not include parents served.) If parents receiving therapy are included, the total cost per client is \$272.72.

**Focus Areas Addressed:** Psychological Services

**Taxonomy #:** RP-450.650; RP-150.330

**Program Description:** This program is designed to provide access to licensed mental health professionals for those families in our program (low income, working families who live in Indian River County).

**Collaboration:** United Way Success by Six Committee, Mental Health Association

## **GOALS/OUTCOMES REPORT (10/1/10-9/30/11)**

### **Outcome #1**

85% of individuals attending more than two therapy sessions will raise their functioning, as measured by the Global Assessment of Functioning (GAF) assessment or other screening devices (Ages & Stages, Katz Social Attributes Checklist). Only children in Childcare Resources program one full year or more will be included. Baseline: Admission GAF score, fall Ages & Stages, Katz Checklist.

As of 9/30/2011, seven children and nine adults enrolled in the Childcare Resources program received therapy through the Mental Health Association. Three of the seven children and five of the nine adults attended more than 2 therapy sessions. The outcomes for these individuals will be included in the report provided by the Mental Health Association.

### **DASIE BRIDGEWATER HOPE CENTER, INC. DASIE HOPE CENTER TUTORIAL PROGRAM**

4<sup>TH</sup> QUARTERLY/END OF YEAR REPORT September 30, 2011

**Grant:** \$55,303.00

**Funds Used as of: 9/31/2011:** \$55,303.00

**Total Children Served as of 9/31/2010:** 92 children

**Cost per child:** \$601.00

**Focus Areas Addressed:** Childcare/Child Health & Education

**Taxonomy #:** JR-820.650-45 Latchkey Safety Programs

**Program Description:** This program is designed to help educate and ensure the safety of youth who normally would have to stay unsupervised in their homes after school or throughout the day because their parent(s) are working.

**This program is designed to:** Empower at risk youth with academics and social skills. Our priority is to "break the cycle of poverty" by sending kids to college, improving their academics, behavioral thought patterns and surrounding them with positive role models.

**Collaboration:** Youth Guidance during summer months, Indian River County School District, Disney Resort, and Treasure Coast Food Bank

### **CSAC Indian River County 2010-2011 End of the Year Results**

#### **Outcome # 1:**

Increase academic performance of enrolled youth by at least 40% during the 2010-2011 academic year. Baseline: Academic report cards.

**Goal Met.** Result: 95% of student's academic grades increased by one or two grades.

**Outcome #2:**

Decrease the number of disciplinary referrals of enrolled youth at least 60% during the program participation during the 2010-2011 academic year. Disciplinary report generated from within IRC School District. Baseline: Students report cards.

**Goal Met.** 1 student was referred for discipline reasons, skipping class.

**Outcome # 3:**

Decrease the number of positive drug screens of enrolled youth by at least 65% during the program participation during the 2010-2011 school year. Baseline: Status of youth upon entering program.

**Goal Met.** There were NO positive drug screening reports or referrals made.

**Early Learning Coalition of Indian River, Martin and Okeechobee Counties, Inc.**

**Cumulative Report**

**CSAC Narrative Report  
10/1/10-9/30/11**

**Outcome #1:**

For this grant period, 653 coalition-funded children in Indian River County have been screened. Of the 653 children screened, 119 were referred for Inclusion services as a result of one or more domain of concern.

This year all school readiness children were screened using the Ages & Stages tool. We are no longer segmenting the Birth to three-year olds and the three- to five-year olds with different assessment instruments.

**Outcome #2:**

As stated above, all school readiness children are being screened using the Ages & Stages tool. The LAP-D tool is no longer being used for screening children that are three- to five-years old. With this change, we will report results for all children in Goal #1, and will not have results for Goal #2.

**Outcome #3:**

For this grant period, pre- and post-assessments were administered to 87 coalition-funded children in Indian River County using the E-LAP tool. Of the 87 children with ages birth through three-years old assessed, 80 children, or 92%, showed developmental progress.

**Outcome #4:**

For this grant period, pre and post-assessments were administered to 199 coalition-funded children in Indian River County using the LAP-3 tool. Of the 199 children with ages three- to five years old assessed, 190 children, or 96%, showed developmental progress.

**GOALS / OUTCOMES REPORT (10/1/10-9/30/11)**

The Early Learning Coalition of Indian River, Martin & Okeechobee Counties (ELCIRMO) achieved our goals, as follows:

**Outcome #1:**

85% of children enrolled in early learning programs for 9 months or more with Ages & Stages scores identifying 1 or more weak areas of development will be referred to Inclusion Specialist or appropriate entity for future evaluation.

**Goal Met**

**Outcome #2:**

85% of children 3-5 years enrolled in early programs for 9 months or more with LAP-D scores identifying 1 or more weak areas of development will be referred to Inclusion Specialist or appropriate entity for future evaluation.

**No Longer Applicable (see Narrative)**

**Outcome #3:**

75% of school readiness children 0-3 enrolled in early learning programs for 9 months or more will experience developmental progress based on their scores using the E-LAP assessment tool.

**Goal Met**

**Outcome #4:**

75% of school readiness children 3-5 enrolled in early learning programs for 9 months or more will experience developmental progress based on their scores using the LAP-3 assessment tool.

**Goal Met**

**CASTLE**

**Safe Families Program**

(Statistics as of 9/30/2011)

**Grant:** \$36,540.00

**Funds Used as of 9/30/2011:** \$36,539.51

**Total Children Served as of 9/30/2011:** 202

**Cost Per Child:** \$195.74

**Focus Areas Addressed:** Parental Support and Education

**Taxonomy #:** PH-6100.3300

**Program Description:** Home based parent education and support designed to prevent child abuse and neglect and help families remain intact. The Program provides long term (up to one year) intensive (at least weekly) visits from a Counselor.

**This program is designed to:** Teach families to reduce risk factors associated with abuse and neglect, and to increase the protective factors associated with non-abusive, caring and stable families.

**Collaboration:** United For Families; Children's Home Society/Family Preservation Services; Healthy Families; Department of Children and Families; Hibiscus Children's Center; Harvest Food Center.

## **CSAC Indian River County 2010-2011 Fourth Quarter Results**

### **Outcome # 1:**

Reduce the risk factors associated with child abuse for families enrolled in Safe Families by at least **Two** for 95% of families who have been enrolled for at least 3 months. One of the risk factors reduced must be the same one as stated in the reason for referral. 2009/10 baseline: 94%

**Result:** 100% of families reduced at least 2 risk factors

### **Outcome # 2:**

Increase the protective factors associated with healthy, stable, resilient families, for families enrolled in the Safe Families program, by at least **two**, for 94% of families who have been enrolled for at least 3 months. 2009/10 baseline: 93%.

**Result:** 100% of families increased at least 2 protective factors.

### **Outcome #3:**

96% of families who successfully complete the Safe Families program will have no confirmed reports or re-reports of abuse for up to **Two** years after completing services. 2009/10 baseline: 95.6%.

**Result:** 97.5% of families who successfully completed the Safe Families program had no reports or re-reports of abuse for up to two years after completing services.

### **Outcome #4:**

98% of families will, after successfully completing Safe Families, show improvement on at least **two of the five** Scales of the AAPI test. The scales are: Appropriate Expectations, High Level of Empathy, Values Alternatives to Corporal Punishment, Appropriate Family Roles, and Values Power-Independence. 2009/10 baseline: 100%.

**Result:** 100% of families who have completed Safe Families improved on at least two of the five scales of the AAPI.

**Service Capacity:**

Through the fourth quarter (100%) of the 2010-2011 contract, Safe Families has seen:

	<u>Goal</u>	<u>Actual</u>	<u>% of Goal</u>
Adults	248	176	71%
Children	170	202	118%
Families	130	126	97%

**Gifford Youth Activity Center  
4875 43<sup>rd</sup> Avenue  
Vero Beach, FL 32967  
Office (772) 794-1005 • Fax (772) 569-5563  
[www.gyac.net](http://www.gyac.net)**

**After School Education Program (ASEP)  
Fourth Quarter Report  
Statistics as 9/30/2011**

**Grant:** \$27,158.00

**Funds used as of 9/30/2011:** \$27,157.00

**Total Children Served as of 9/30/2011:** 186

**Cost per Child:** Per the Annual Report for 2009-2010 funding year, the cost per child is \$2,250.15 per child. (This does not include parents served).

**Focus Area Addressed:** Childcare/Child Health & Education

**Taxonomy Number:** PS-9800.9900 Youth Enrichment Program

**Program Description:** The After School Education Program (ASEP) is an after school program for children in grades K-12. This program offers educational assistance through tutoring, homework assistance, personal growth and development, cultural, social and recreational activities.

**Collaboration:** School District of Indian River County, Indian River County Extension Program, Indian River County Library System, Riverside Children's Theatre, Youth Guidance, Vero Beach Museum of Art and the Indian River County Sheriff's Office.

**GOALS/OUTCOMES REPORT (10/1/10-9/30/11)**

**Outcome #1**

Eighty-five percent (85%) of enrolled students will complete their homework before leaving for the day as measured by homework completion log-sheets and/or teacher verification.

**Goal Met** – At least ninety percent (90%) of enrolled students completed their homework before leaving for the day.

**Outcome #2**

Increase academic performance for 85% of participants attending at least 75% of the program by the 3<sup>rd</sup> nine-weeks of the school year as measured by pre/post tests, progress reports and/or report cards.

**Goal Met** – Ninety-eight percent (98%) of students increased their academic performance during the 2010-2011 school year.

**Outcome #3**

To increase to 90% the number of students, enrolled for at least three semesters, who will attend a Mental Health Workshop by the end of the 2010-2011 school year as reported by attendance sheets.

**Goal Met** – One hundred percent (100%) of students enrolled for at least three semesters attended a mental health workshop.

**Indian River County Healthy Start Coalition, Inc.  
Healthy Families-IRC  
Statistics October 1, 2010 – September 30, 2011**

**Grant:** \$35,552

**Funds Used as of 9/30/11:** \$35,552 (100%)

**Families newly enrolled in Healthy Families July 2011 – September 2011:** 11

**Total children served:** 214

**Total children and adults served October 2010 – September 2011:** 433

**Cost Per Child:** The cost per child is \$166.13. (This does not include parents served).

**Focus Areas Addressed:** Child Abuse Prevention; Positive Parent-Child Interaction; improve maternal and child health; increase family self-sufficiency; empowers parents; increase parenting knowledge and skills; goal setting; teach problem-solving skills; conduct screening for developmental delays; provide social support; and refer to other family support services as needed.

**Taxonomy:** Healthy Families-IRC program falls under two taxonomies:

- PH-236.240 – Family Support Centers
- PH-620.150 – Communication Training - helps parents communicate with children, health professionals, and other parent/infant interaction skills, focusing on positive growth and development.

**Program Description:** Healthy Families, a nationally accredited, community-based, voluntary, home visiting program prevents child abuse and neglect. Trained paraprofessional Family Support Workers provide guidance and emotional and practical support to families in their homes. It also provides critical services to Indian River’s high risk families to prevent abuse before it ever occurs. Intensive, evidenced based Healthy Families Florida services are not available through any other program in the state.

**Collaboration:** Healthy Families partners are Healthy Start, substance abuse and mental health providers, domestic violence shelters, workforce development centers, child care providers, faith-based organizations, and other family support programs within the community to help families’ access additional services without duplication of effort.

**Comment 2011 Monitoring:** It's almost time for Healthy Families programs to go through the process to get reaccredited. The Accreditation will expire December 2012.

## **GOALS/OUTCOMES REPORT (10/1/10-9/30/2011)**

### **Outcome #1**

To maintain the number of target children at 24 months with up-to-date well baby check-ups and immunizations at 90% as measured by Healthy Families Florida Attachment B: 24 month Well Baby Report and 24 month Immunization Report. Baseline: 2008-2009 24 month Well Baby Report and 24 month Immunization Report.

**Goal has been met.** We are currently at 100% for the target children having up to date well baby check-ups and immunizations.

### **Outcome #2**

To maintain the number of Healthy Families participants implementing their initial goals in 90 days at 90% as measured by Healthy Families Florida Attachment B - initial FSP Report. Baseline: 2008-2009 initial FSP Report results.

**Goal has been met.** We are currently at 91% for developing initial goals within 90 days.

### **Outcome #3**

Maintain for at least 95% of the children in families participating for more than six months no findings of verified child maltreatment during their participation as measured by Assessment of Healthy Families Florida Children for Occurrence of Abuse or Neglect Report.

**Goal has been met.** We are currently at 99% for having no verified findings of child maltreatment during their participation.

**Indian River County Healthy Start Coalition, Inc.  
TLC NEWBORN  
Statistics October 2010– September 30, 2011**

**Grant:** \$13,332

**Funds used as of 9/30/11:** \$13,332 (100%)

**Families newly enrolled in TLC July – September 2011:** 268

**Total families served October 1, 2010 – September 2011:** 1,032

**Cost per Child:** Per the Annual Report for 2010-2011 funding year, the cost per child is \$42.20. (This does not include parents served.)

**Focus Areas Addressed:** Parenting support and education; mental wellness for high risk mothers and teen mothers.

**Taxonomy #:** PH-610.180- Expectant new parent assistance and PH-620.150 -- Communication Training

**Program Description:**

TLC is an accessible, evidence based parent assistance program providing a safety net of support and resources that assist new parents who are struggling to establish a healthy emotional, physical and mental health environment during their baby's first year of life.

**Collaboration:** Indian River County Health Department; Indian River Medical Center; Healthy Families; Healthy Start Care Coordination; Partners in Pregnancy & Parenting.

**Comments April – June 2011 Monitoring:**

TLC Newborn's goals for FY1011 address the health and safety of our most vulnerable citizens-infants: feeding practices, growth, development and safety practices.

TLC Newborn has 5 Certified Lactation Counselors to answer breastfeeding questions that may arise. TLC is supporting moms who desire to breastfeed and encourages them to continue through at least the first six months of the baby's life. Research demonstrates breastfeeding's many health benefits to mother and baby and is recommended by The American Academy of Pediatrics and the US Center for Disease Control as the preferred way to feed infants through the first year of life. In fact the US Department of Health and Human Services includes increasing breastfeeding rates in its Healthy People 2020 national initiative to improve the health of all Americans. TLC Newborn collaborates with Indian River Medical Center to provide the most current, evidence based information on breastfeeding to families whose babies are born at IRMC.

TLC Newborn teaches parents about the physical, cognitive and emotional development of their babies so they can know what the baby is and is not capable of doing and understanding and what behaviors they can expect from their babies. For example: new babies don't cry to be held because they are spoiled. Crying is their only way of communicating needs and drawing the attention that is so crucial for their optimal physical and emotional development. TLC Newborn discusses with parents crying from the baby's point of view and then teaches them how to "cope with crying" by learning and implementing several techniques to calm and soothe the baby which gives the parents a feeling of accomplishment, confidence and pride in their ability to be parents.

TLC mails out baby care information when families enroll in the program and begins regular phone calls soon after they are home from the hospital. Regular mailings on development and safety occur at 3 weeks, 3 months and 9 months and a developmental milestone newsletter is mailed monthly. Parents can call TLC with questions or email to [tlcnewborn@gmail.com](mailto:tlcnewborn@gmail.com) if they prefer. Facebook has proved to be an excellent method to reach the largest number of families in the shortest amount of time.

We know that the experiences during the first two years of human life are critical in laying the foundation for future ability to learn, form bonds with other humans and develop self control and self esteem. TLC Newborn is in the position of touching in a positive way *every family in the county whose baby is born at Indian River Medical Center*. We are available to answer questions and give the most current, up to date evidence based guidance to caregivers at this most crucial window of opportunity in the development of their babies.

With a 2.8 FTE and a limited budget TLC Newborn's dedicated staff reaches out to all the families of babies born at Indian River Medical Center and in neighboring communities. We offer an extremely high level of service with limited resources. Our families are fortunate to

have the very well educated, very experienced staff that is the heart of TLC Newborn, provided for them at no charge by the community in which they live.

## **GOALS/OUTCOMES REPORT (10/1/10 – 9/30/11)**

### **Outcome #1**

To maintain at 50% the number of mothers enrolled in the TLC Newborn program in FY1011 that initiated breastfeeding at birth and are still breastfeeding at 6 months as reported by parent surveys. Baseline: As of February 2010, 53.8% who initiated breastfeeding were still breastfeeding at 6 months. The most recent national baseline data from initiation through 6 months collected in 1998 is 29%, and Healthy People 2010 target is 50%. This outcome is considered a best practice outcome.

**Goal met.** For the 4<sup>th</sup> quarter we had 22 returned surveys in which 20 women initiated breastfeeding at the time of their babies' birth and 13 (65%) breastfed their babies through 6 months of age.

**Goal met.** For the FY1011 we had 106 returned surveys in which 90 women initiated breastfeeding at the time of their babies' birth and 51 (57%) breastfed their babies through 6 months of age.

### **Outcome #2**

To increase by 15% the knowledge of age appropriate social/emotional, cognitive and physical development of infants from birth to 12 months of age in first time parents enrolled in the TLC Newborn program in FY1011 as measured by pre and post tests of parents. Baseline: As of February 2010, the average increase in development knowledge from 3 weeks to 9 months is 13.7%. Because of the time frame that data is collected there is a lag. Data to be reported in FY1011 will have been collected beginning in FY0910.

**Goal met.** For the 4<sup>th</sup> quarter we averaged 22.1% increase in developmental knowledge from 3 weeks to 9 months. For this quarter we averaged 55.2% of questions answered correctly at 3 weeks and 77.3% of questions answered correctly at 9 months.

**Goal met.** For the FY1011 we averaged 20.8% increase in developmental knowledge from 3 weeks to 9 months. For this quarter we averaged 53.2% of questions answered correctly at 3 weeks and 74% of questions answered correctly at 9 months.

### **Outcome #3**

To increase by 15% the knowledge in age appropriate safety practices of parents of infants from birth to 12 months of age who are enrolled in the TLC Newborn program in FY1011 as measured by pre and post tests of parents. Baseline: The data being collected in FY0910 will serve as the baseline since that is the first year that data is being collected for this measure. No equivalent national best practice data is available. Data was collected beginning in July 2010. Baseline to be collected when baby is 3 weeks old.

**Goal not met.** For the 4<sup>th</sup> quarter we averaged a 9% increase in developmental knowledge from 3 weeks to 9 months. For this quarter we averaged 84% of questions answered correctly at 3 weeks and 93% of questions answered correctly at 9 months.

**Goal not met.** For the FY1011 we averaged 7.8% increase in developmental knowledge from 3 weeks to 9 months. For the fiscal year we averaged 83.2% of questions answered correctly at 3 weeks and 91% of questions answered correctly at 9 months.

This fiscal year was the first year collecting the data for this measure. For FY1112, the test given to the families will be modified. We are looking into an online survey to see if this would help with getting the test back in a timely matter.

**Redlands Christian Migrant Association, Inc.  
RCMA Whispering Pines Child Development Program  
(Statistics as of 9/30/11)**

**Grant:** \$24,689

**Funds Used as of 9/30/11:** \$24,689. (100%)

**Total Children Served as of 9/30/11:** 114 children were served at Whispering Pines CDC as of 9/30/11

**Cost Per Child:** Based on Whispering Pines Financial Report for 2010-2011 funding year, the cost per child is \$29.72 per child; infant – school age. (This does not include parents served.)

**Taxonomy Number:** NTEE Code P33 Child Day Care

**Focus Areas Addressed:** Child Care/Child Health & Education

**Program Description:**

This program is designed to positively impact the lives of migrant farmworkers and rural poor families by providing high quality child care, kindergarten readiness activities and family support services that empower parents to become leaders in their children's education.

**Collaboration:** Early Learning Coalition

**Comment:**

**GOALS/OUTCOMES REPORT (10/1/10 - 9/30/11)**

**Outcome #1**

To maintain the increased number of infants and toddlers served at RCMA Whispering Pines during the 2010-2011 program year at a total of twenty-two (22) additional slots as reported by the enrollment records. Baseline: 2007-2008 enrollment records for infants and toddlers.

**Forty-one infants and toddlers have been served in the RCMA Whispering Pines Child Development Center as of September 30th. On-going recruitment continues.**

**Outcome #2**

To increase to 100% the number of infants and toddlers who receive health screenings and on-going developmental assessments within 45 days of center's opening date as evidenced by information in RCMA's Child and Family database system, PROMIS. Baseline: 2007-2008 PROMIS report and ELAP booklets.

**Goal Met**

### **Outcome #3**

To continuously improve the quality of child care, family services, and staff professional development by maintaining accreditation through a nationally recognized accrediting agency for the upcoming program year and through regular use of ongoing monitoring and classroom observation tools. Baseline: Certificate of Accreditation from the National Accreditation Commission and use of the ITERS/ECERS through the Early Learning Coalition.

**Whispering Pines CDC continues to be a nationally accredited child development center having received national accreditation through the National Accreditation Commission effective 5/5/2008 - 11/4/2011. We are currently awaiting our site visit from NAC. The Early Learning Coalition assessed the center in April 2011 using the Environmental Rating Scales. The score for VPK was 4.39, 2 year olds 3.97 and 1 year olds was 4.23.**

### **Substance Awareness Council of Indian River County Re-Direct Program**

**Grant Awarded:** \$107,645

**Total Amount used:** \$107,645

**Cost per child:** \$422

Number of New adolescent clients this quarter: 34

- Number of families served to date: 255
- Number of adolescents served to date: 255
- Number of families completed to date: 75

**Program Description:** Re-Direct is designed to help engage and retain adolescents in a positive lifestyle change; utilizing a non-judgmental, motivational, and team approach to therapy. Each client in the program will have a psychosocial assessment. The assigned case manager will then initiate a maximum of 10 counseling sessions (individual or group), and 2 combined adolescent and caregiver sessions, over the course of approximately three months. In addition, program participants will also receive two (2) random urine drug screens, which can be used as positive reinforcement and support or adjunct information and understanding for treatment planning and relapse prevention. In the event of a positive drug test, the client may be assigned a number and instructed to call the "drug testing hotline" daily, seven days per week for a designated period of time. It is anticipated that as a result of the program interventions, participants will decrease substance use behavior, increase pro-social behavior, decrease family conflict, and increase engagement in educational/work activity.

### **GOALS/OUTCOMES REPORT**

#### **Outcome # 1:**

Program participants will demonstrate reduced use of ATOD as demonstrated by negative drug test results and self report prior to completion of the program. Baseline: Initial drug screening results prior to admission to *Re-Direct* program.

Of the 34 clients admitted to the program this quarter, 17 clients successfully completed. All 17 clients demonstrated reduced use of ATOD by negative drug test results and by self report of client and/or family.

**Outcome #2:**

80% of Participants will demonstrate increased pro-social interpersonal behaviors as indicated by positive family/peer interactions. Baseline: Initial interview/assessment.

**Goal Met:** 87% - Of the 58 active clients only 46 have been in the program long enough to be able to report increased pro-social personal behaviors as indicated by self-report and/or family members.

Of those 46 clients being measured, 40 demonstrated an increase in pro-social behaviors as indicated by positive family/peer interactions.

**Outcome #3:**

80% of adolescents will demonstrate increased pro-social behaviors and healthy attitudes as indicated by engagement in education or work activities.

**Goal Met:** 89% - Of the 58 active clients only 46 have been in the program long enough to be able to report increased pro-social and healthy attitudes as indicated by engagement in education or work activities.

Of those 46 clients that were measured, 41 demonstrated an increase in pro-social behaviors as indicated by engagement in education or work activities.

**Substance Awareness Council of Indian River County  
Life Skills Program**

**Amount awarded** \$ 62,216

**Amount used** \$62,216

**Cost per child** \$44.28

**1,405 Indian River County youth attending Storm Grove and Sebastian Middle Schools  
ages 10-14 were served.**

Storm Grove Middle School Fall 2011

6th grade: 262

7th grade: 235

8th grade: 287

Sebastian Middle School Fall 2011

6<sup>th</sup> grade: 296

7<sup>th</sup> grade: 325

8<sup>th</sup> grade: 0 (due to the large number of 6<sup>th</sup> and 7<sup>th</sup> grade classes)

**Total number of students:** 784

**Total number of students:** 621

**Program Description:** The LST program being implemented is a three-year prevention program designed specifically for middle school youth. Based on theoretical framework, the LST program was developed to impact drug-related knowledge, attitudes and norms; teach skills for resisting social influences to use drugs and promote the development of general personal self-management skills and social skills.

**Outcome # 1:**

Continue to decrease the percentage of ATOD use reported by IRC public school youth in the biennial FYSAS (using 2002 as the baseline).

According to the 2010 FYSA Survey, Indian River County middle school youth reported decreased percentage of 30 Day use trends.

<u>Use</u>	<u>2002</u>	<u>2010</u>
Alcohol	24.5	21.2
Cigarettes	9.1	6.6
Marijuana	6.3	7.6

**Outcome # 2:**

75% of middle school students receiving LST will demonstrate an increase in healthy coping skills as demonstrated by an increase in use of relaxation and breathing techniques as reported in the LST pre/post survey following the administration of the curriculum.

The LifeSkills Training Program was administered in a total of 14 Indian River County middle school classrooms. In those 14 classrooms each teacher was asked to complete a LST survey, thirteen teachers returned the completed survey. The survey specifically asked questions relevant to the LifeSkills lessons taught during the course of the training program. Listed below are a few of the outcomes recorded from the survey.

- All 13 teachers strongly agree that the LifeSkills Training program increases students self awareness.
- 12 out of 13 teachers agree the LifeSkills Training program increased the student’s ability to manage anxiety. The LST unit on “Anxiety” specifically teaches relaxation and breathing techniques as methods for coping with anxiety.

**Outcome #3:**

70% of middle school students receiving the LST curriculum will demonstrate an increase in anti-drug attitudes as reported by the LST pre and post survey administered with the curriculum.

According to the 2010 FYSA Survey, Indian River County middle school youth (ages 10-14) reported the following percentages regarding “if they agreed it would be wrong for someone their age to”...

	<u>2010</u>
Smoke Cigarettes	87.3
Drink alcohol regularly	80.4
Smoke marijuana	86.9
Use other illicit drugs	95.2

**United for Families  
Caregiver Support Program  
Statistics as of 9/30/2011**

**Grant:** \$10,863.00

**Funds Used as of 9/30/2011:** 10,855.21

**Total Children Served as of 9/30/2011:** 70 unduplicated children served residing in Indian River County.

**Cost per Child:** The cost per child is \$369.98

**Taxonomy Number:** PH-140.500

**Focus Areas Addressed:** Mental Health

## **Program Description**

This program is designed to: Improve the mental and emotional well-being of children in foster care by reducing the number of times they are moved from home to home while in the foster-care system.

Collaboration: Hibiscus Children's Center, Department of Children and Families, Indian River County Foster Parent Association, Children's Home Society, Indian River County School Board

## **Comment/2011 Monitoring**

### **GOALS/OUTCOMES REPORT (10/1/10-9/30/11)**

#### **Outcome #1**

At least 70% of children served by the program in out-of-home care will not experience placement disruptions within a six month period. Methods of Measurement: Monthly placement disruption reports.

**Goal Met.** 100% of the children placed in out of home care have not experienced a placement disruption within a six month period.

#### **Outcome #2**

75% of the licensed foster parents participating in the program will remain licensed for 12 months following enrollment in the program. Methods of Measure: re-licensing reports.

**Goal Met.** 88% of Indian River County licensed foster parents remained licensed for 12 months following enrollment in the program. Two Indian River County foster homes did not re-license following 12 months in the Caregiver Support Program.

#### **Outcome #3**

75% of participating caregivers will report being satisfied with the program at the end of 12 months. Method of Measurement: A satisfaction survey will be given at the end of every 6 month period.

Six month satisfaction surveys were completed. We received 16 responses. Out of those 16 responses 15 caregivers rated their satisfaction with the program. 93% of the caregivers were satisfied with the program. End of the year surveys were also completed and unfortunately, United for Families only received one response. The one caregiver who completed the survey was 100% satisfied with the caregiver support program.

#### **Outcome #4**

75% of participating caregivers will report an improvement in their quality of life at the end of 12 months. Method of Measurement: A satisfaction survey will be given at the end of every 6 months.

Six months satisfaction surveys were completed. We received 16 responses. Out of those 16 responses 14 caregivers rated the improvement in their quality of life. 92.8% of the caregivers reported an improvement in their quality of life. End of the year surveys were also completed and unfortunately, United for Families only received one response. The one caregiver who completed the survey reported an improvement in their quality of life.

**Homeless Family Center, Inc.**

**Program Name: Homeless Family Center, Inc.**

(Statistics 10/1/10- 09/30/2011)

**Grant:** \$9,876.00

**Funds Used as of 09/30/2011:** \$9, 876.00

**Cost Per Child:** \$820.14

**Focus Areas Addressed:** Parental Support and Education

**Taxonomy #:** BH-8600

**Program Description:** Provide basic needs and case management to solve barriers to employment and permanent housing to homeless families with children in Indian River County.

This Program is designed to: Provide families with tools and guidance to reduce the risk factors associated with homelessness and to provide opportunities for education, living wages, and self-sufficiency.

**CSAC Indian River County 2010-2011 Fourth Quarter (cumulative) Results**

**Outcome #1:**

75% of all school age transitional children will increase academic performance 5% - 10% as measured by pre- and post- testing and/or grade point averages. Baseline: pre- test and/or grade point average – first grading period or progress report.

**Result:** 89% of the school age transitional children increased their academic performance 5% - 10%.

**Outcome #2:**

75% of all school-age transitional children will demonstrate increased knowledge of character traits that reflect good behavior by 10% as measured by pre- and post- tests. Baseline: pretest for each module.

**Result:** 93% of the school age transitional children demonstrated increased knowledge of character traits that reflect good behavior by 10%.

**Outcome #3:**

75% of transitional adults will increase their knowledge and skills in the area of parenting 5%-10% as measured by pre- and post- tests from Love and Logic Video Module. Baseline: Becoming a Love and Logic Parent pretest.

**Result:** 89% of transitional adults increased their knowledge and skills in the area of parenting 5%-10%.

**Service Capacity:**

Through the fourth quarter (100%) of the 2010-2011 contract, Homeless Family Center, Inc. has seen:

	<u>Goal</u>	<u>Actual</u>	<u>% of Goal</u>
Adults:	56	89	37% increase
Children:	84	114	36% increase
Families:	45	71	37% increase

**Junior League of Indian River  
Whole Child Connection of Indian River Program  
(Statistics as of 9/30/11)**

**Grant:** \$12,344

**Funds Used as of 9/30/2011:** \$12,344.00

**Total Children Served as of 9/30/11:** 133

**Cost Per Child:** \$92.81

**Focus Areas Addressed:** Special Needs

**Taxonomy #:** TJ-3000.8000

**Program Description:** A family in need of services completes a Whole Child Profile. The Whole Child web system matches family needs to providers with appropriate services. Families will develop and implement a holistic plan to meet their needs and select and contact providers. Providers deliver services to the family and the Whole Child system tracks the outcomes.

**This program is designed to:** help families access agencies that can supply clothing, food and help with special hardship needs.

**Collaboration:** Connected 4 Kids, Indian River School District

**CSAC Indian River County 2010-2011 Fourth Quarter Results**

**Outcome # 1:**

To increase to 50% the number of participants who answer the Client Satisfaction Survey who strongly agree or agree that the Whole Child Profile addressed most of their concerns. Baseline: since this is a new program currently no families have completed surveys. Clients who answer "Yes, to allow WCC staff to contact them" will be given a survey.

**Goal met.** Of those families who piloted the Whole Child Connection and completed a satisfaction survey 70% indicated they agreed or strongly agreed that the Whole Child Profile addressed most of their concerns.

**Outcome # 2:**

To increase to 75% the number of nonprofit service providers targeting children and families (who receive United Way or Children's Service Advisory Committee funding) who become a

Whole Child Provider as measured by completed Provider Agreements. Baseline: since this is a new program currently no service providers have completed provider agreements.

**Goal not met yet.** So far we have acknowledged interest from 48 % of providers and will be obtaining signed Provider Agreements in Fall of 2011 as we were waiting for the completion of the pilot prior to obtaining Provider Agreements.

**Outcome #3:**

To increase to 50% the number of participants who answer the Client Satisfaction Survey who report greater ease when accessing services as a result of completing the Whole Child process. Baseline: since this is a new program currently no families have completed surveys. Clients who answer “Yes, to allow WCC staff to contact them” will be given a survey.

**Goal met.** Of those families who piloted the Whole Child Connection and completed a satisfaction survey 84% reported greater ease in accessing services as a result of completing a Whole Child Profile.

**Outcome #4:**

To increase to 300 the number of families who complete a Whole Child Profile. Baseline: since this is a new program currently no families have completed a profile.

**Goal not yet met.** As of 9/30/11 133 families have completed a Whole Child Profile. Now that the pilot is complete, we strongly feel we can have 300 profiles completed a quarter.

**Service Capacity:**

Through the fourth quarter (100%) of the 2010-2011 contract, Whole Child has seen:

	<u>Goal</u>	<u>Actual</u>	<u>% of Goal</u>
Families	300	133	44%

**Comments:**

Whole Child Connection is based on an online system that families can access to complete a Whole Child Profile. We spent the first 3 quarters of the grant cycle designing the Connection, learning how to utilize the back-end of the system and inputting the data into the system. This was a time extensive process as we customized the site to meet the needs of Indian River’s families and to ensure the site was user friendly. During the last quarter we piloted the site and received overwhelming positive feedback from the families who participated in the pilot. We received the following feedback when asked what families liked best about Whole Child Connection:

- It is very easy to navigate your way through the web site.
- It made me think of things [services for my children] I hadn't thought of.
- I really like the details of the vendors (i.e.: wait time, handicapped access, etc.)
- The wealth of community resources it provided after completion of the profile.
- That it touches on all demographic/community needs.
- The ease of being able to find local community connections without having the hassle of getting frustrated with searches on Google.

**Mental Health Association in Indian River County**

**Child and Youth Mental Health Program**

(Statistics as of 09/30/2011)

**Grant:** \$14,813.00

**Funds Used as of 06/30/2011:** \$14,813.00 (all CSAC funding was used by 6/30/2011)

**Total Children Served as of 09/30/2011:** 79

**Cost Per Child:** \$221.09

**Focus Areas Addressed:** Mental Health and Parental Support and Education

**Taxonomy:**

RP-4500.0500	Adolescent/Youth Counseling
YF-5000.1700-100	Children and Youth with Emotional Disturbance
RF-2000	Family Counseling
RF-3300	Individual Counseling
RF-2500	Group Counseling

**Program Description:** The Child and Youth Mental Health Program is a child-centered, family-driven, clinically-based program with interagency collaboration. To support children in need of mental health services, MHA provides individual therapy, family counseling and therapeutic groups without consideration of the client's ability to pay.

**This program is designed to:** provide immediate access for those experiencing emerging mental health crises 8 hours a day, 5 days a week. The Child and Youth Mental Health Program will ensure that children with mental, emotional, and behavioral issues and their families have access to the services and support they need to succeed. These services may include diagnostic and evaluation services, outpatient treatment and counseling, case management, information & referral, family support & education.

**Collaboration:** United For Families, Gifford Youth Activity Center, Treasure Coast Homeless Services Committee, Childcare Resources, Indian River County Mental Health Collaborative, New Horizons of the Treasure Coast, Treasure Coast Community Health, University of Florida Center for Psychiatry and Addiction Medicine Vero Beach, Indian River Health Department, Millers Health Mart Pharmacy

## CSAC Indian River County 2010-2011 Fourth Quarter Results

### Outcome # 1:

To improve the mental health of 75% of 60 children enrolled in treatment by completion of a family-centered, individualized case plan during an average term of service of 12 sessions.

**Result:** 79 children enrolled in treatment in this program and 64 (81%) have completed their individualized case plan as of the 4th quarter.

### Outcome # 2:

60% of parents of clients will participate in family therapy to support their children due to mental health issues or environmental adjustments and to improve family dynamic as measured by progress reported in counseling.

**Result:** 100% of parents of clients have participated in family therapy during the 4<sup>th</sup> quarter grant period.

### Outcome #3:

40% of the families of child/youth clients will participate in therapeutic groups focusing on improving key parenting skills & techniques as measured by progress reported in counseling.

**Result:** 11 families (17%) have participated in parenting skill groups during this grant period.

### Service Capacity:

Through the third quarter (100%) of the 2010-2011 contract:

	<u>Goal</u>	<u>Actual</u>	<u>% of Goal</u>
Children	60	79	132%
Adults	36	47	130%
Groups	24	11	17%